

Ashfield Medical Centre & The Grange Medical Centre

March Newsletter
2022



Drs Walling & Nathan

Ashfield Medical Centre
15 Austhorpe Road
Crossgates, Leeds
LS15 8BA
Tel: 0113 2951828

The Grange Medical Centre
999 York Road
Seacroft
Leeds
LS14 6NX
Tel: 0113 2951838

Email:
reception.ashfield@nhs.net

Website:
www.ashfieldmedicalcentre.co.uk

Extended Access Services Weekend appointments

Extended Access Services: In order to help with demand, the practices in the Crossgates PCN have joined together to open a Hub to bring core general practice services over the weekends.

By running clinic's, we are able to offer more appointments than if each practice opened in the evenings and on weekends.

We can prebook appointments for seeing GPs, Long Term contraception services, smears, bloods and pharmacists, by contact either Ashfield/Grange surgeries Monday -Friday.

If you need to see a GP over the weekend, please 0113 4267469 or if you contact our normal number your call will be automatically transferred to the HUB. **DO NOT CALL THIS NUMBER OUTSIDE OF THESE HOURS AS YOU WILL BE UNABLE TO BOOK AN APPOINTMENT**

Hub appointments are available at Colton Mill Medical Centre, Stile Hill Way, LS15 9JH

Opening Times

Saturday 8am to 2pm

Sunday 9am to 1pm



We now have a Facebook & Twitter page where you will be able to find practice news, health alerts, national health awareness campaigns, information about local services and groups.

Find us by searching for:
Ashfield and The Grange Medical Centre

Staff Updates

Whilst Dr Page is on maternity leave. We employed Edie Morgan who is an Advanced Clinical Practitioner on a temporary contract to strengthen our clinical team. Edie has really integrated well with the team bringing a wealth of experience from community care and will now stay with the practice on a permanent basis, working closely with our Care home patients and vulnerable patients ensuring they have all the support they require.

Harriet works in our admin office and has recently qualified as a GP assistant. Harriet will work alongside GPs within the surgery undertaking any task that enables them to undertake their role more efficiently and effectively. In practice they undertake both clinical and administration tasks which may include: Undertaking tasks such as venepuncture, urine testing, blood pressure recording, ECGs, medical reports, and SARS requests

COMMUNITY INFORMATION

CROSSGATES & WHINMOOR COMMUNITY HUB



CrossGates & Whinmoor Community Hub is based at Crossgates Shopping Centre. The Hub is for all the local community of any age.

Visit the Hub for:

- Information and Advice Drop-In
- Find out what's on in your local community
- A member of staff and volunteers will be available each day to provide support, advice, and information
- Community led
- Involving local churches, community center's, schools and children centres

Opening Hours

Monday | 9.30am – 3.30pm

Tuesday | 9.30am – 3.30pm

Wednesday | 9.30am – 3.30pm

Thursday | 9.30am – 3.30pm

Friday | 9.30am – 3.30pm

Saturday | 10am – 2pm

Sunday | Closed

Get in touch

Call the Hub on **07903 639879**, email cwcommunityhub@crossgatesgns.org.uk or visit the Hub [Facebook page](#).

What is an Advanced Clinical/Nurse Practitioner?



What can ACPs do?, Can they treat my problem ? – Yes they can

During the pandemic, we have seen a reduction in being able to recruit new GP's, unfortunately this is something that all practices are experiencing. Building on our current team of GP's, prescribing nurses, HCA's and clinical pharmacists. Our Practice has looked to expand our team by employing an ACP and ANP to work alongside our GP team. You may hear our reception team when booking your appointment will refer to the clinician as an ACP/ANP. Sometimes this can be daunting as traditionally if you were unwell you would always see a GP, however be reassured that both Sharon and Edie are able to ensure you receive the correct care you need.

What is an ACP/ANP – These are Healthcare professionals who have been trained to work at an advanced clinical level.

ACPs/ANPs come from a variety of backgrounds including nursing, paramedics, physiotherapist etc. They are highly skilled and qualified primary care providers and are able to diagnose and treat a wide range of illness's, prescribe medications, arrange further testing, and refer onto secondary care. Along with caring for our patients when they are acutely unwell, they also provide disease management for our patient population with a long-term health condition.

Whilst they may come from a different background to a GP, they still work alongside our GP's in providing excellent patient care.

NHS APP:

About the NHS App: To use the NHS App you must be aged 13 or over and registered with a GP surgery in England.

What can you use the NHS App for:

get your NHS COVID Pass – view and download your COVID Pass for places in England and Wales using this service, or for travel abroad

get advice about coronavirus – get information about coronavirus and find out what to do if you think you have it

order repeat prescriptions - see your available medicines, request a new repeat prescription and choose a pharmacy for your prescriptions to be sent to

book appointments - search for, book and cancel appointments at your GP surgery, and see details of your upcoming and past appointments

get health advice - search trusted NHS information and advice on hundreds of conditions and treatments. You can also answer questions to get instant advice or medical help near you

view your health record - securely access your GP health record, to see information like your allergies and your current and past medicines. If your GP has given you access to your detailed medical record, you can also see information like test results and details of your consultations

register your organ donation decision - choose to donate some or all of your organs and check your registered decision

find out how the NHS uses your data - choose if data from your health records is shared for research and planning

Keeping your data secure

After you download the app, you will need to set up an NHS login and prove who you are. The app then securely connects to information from your GP surgery.

If your device supports fingerprint detection or facial recognition, you can use it to log in to the NHS App each time, instead of using a password and security code.



Target Training

We close at 12pm on the following days for Target training in line with all South and East Leeds GP practices.

Tuesday 08/03/2022

Tuesday 10/05/2022

Tuesday 07/06/2022

We request non-urgent calls to phone back the day after. If you require urgent medical assistance that cannot wait until we re-open the following day, please stay on the line and you will be triaged by our care navigators. If appropriate a clinician will call you back. For medical emergencies please dial **999**.

USEFUL NUMBERS AND LINKS

Mental Health Services

Mindwell www.mindwell-leeds.org.uk

Leeds IAPT www.leedscommunityhealthcare.nhs.uk/iapt/home/ - Tel: 0113 843 4388

Mind Mate Young Person Mental Health - www.mindmate.org.uk - 0113 200 9170

Leeds Bereavement Forum <http://lbforum.org.uk/> - Bereavement Services Tel: 0113 225 3675

Connect for Health Leeds <https://www.connectforhealthleeds.org.uk/> Tel: 0113 336 7612

Well-being Services

Leeds Hearing & Sight Loss Service +18 deaf, blind, hard of hearing, blind or partially sighted - Tel: 0113 388 5750

Macmillan Cancer Information Centre Free complementary therapy sessions - Tel: 0113 206 8816

Touchstone Tel: 0113 271 8277

Alzheimer's Society Leeds Tel: 0113 231 1727

Forward Leeds Alcohol and drug service for adults and young people - www.forwardleeds.co.uk
Tel: 0113 887 2477

BPAS www.bpas.org - Pregnancy advisory service - Tel: 03457 30 40 30

Carers Leeds Advice Line Tel: 0113 380 4300

Money Buddies – Tel 01133530276 email admin@egac.org

Leeds Domestic Violence – The 24 hour Leeds Domestic Violence Service helpline: 0113 2460401 email: hello@ldva.uk Website www.ldvs.uk

One You Leeds website oneyouleeds.co.uk Tel 08001694219

Sexual Health Services

Sexual Health Services Leeds Sexual Health Services Leedssexualhealth.com - Order Online test kits, advice and information.

Service Aids & Adaptions

Care and Repair Leeds Home Improvement Agency for Older People - Tel: 0113 240 6009

Leeds Community Equipment Service (Assisted Living Leeds) Equipment for daily living, nursing needs - Tel: 0113 378 3283 Repair Line: 0113 378 3302 Wheel

Freedom Wheelchair/Scooter/Bath lift hire - Tel: 0800 0258 005

Home Plus (Leeds) Making homes safe, suitable & warm - Tel: 0113 240 6009